





# Post Op Medication Schedule: Same Day Joints

Medication	Breakfast 	Lunch 	Supper 	Bedtime 	Reason
<b>Tylenol</b> (Acetaminophen 500 mg tablet) Take 1000 mg (2 tablets) orally every 6 hours.	2 tablets	2 tablets	2 tablets	2 tablets	For pain.
<b>Celebrex</b> (Celecoxib 200 mg capsule) Take 200 mg (1 capsule) orally twice daily. Take first capsule at supper on the day of your surgery. Take a total of four doses.	1 capsule		1 capsule		To reduce inflammation and pain. Do not take if sulpha allergy.
<b>HYDRomorph Contin</b> (Hydromorphone controlled release 3 mg tablet). Take 3mg (1 tablet) every 12 hours starting at 8pm on night of surgery. You will take a total of 4 doses.	1 tablet (8am)			1 tablet (8pm)	For pain.
<b>Dilaudid</b> (Hydromorphone 1 mg tablet) Take 1 mg to 2 mg (1 to 2 tablets) orally every 4 hours <u>when needed</u> . Start with one tablet and if after 1-2 hour there is on-going pain, take another tablet.	As often as every 4 hours when needed for ongoing pain.				For breakthrough pain. (only if needed)
<b>Aspirin</b> (ASA) Enteric Coated 81 mg tablet. Take 81 mg (1 tablet) orally twice daily.	1 tablet		1 tablet		To prevent blood clots.
<b>Senekot</b> Take 2 tablets every night at bedtime.				2 tablets	To prevent constipation. Do not take if experiencing diarrhea.
<b>RestoraLAX</b> (Polyethylene Glycol) Take 17 g (mixed in 250 mL liquid) orally at bedtime. <u>Only if needed.</u>				17 g	<b>Only if Needed.</b> To prevent constipation. Do not take if experiencing diarrhea.
<b>Zofran</b> (Ondasetron, 4 mg tablet) Take 4mg (1 tablet) orally every 8 hours. <u>Only if needed.</u>	As often as every 8 hours, when needed.				<b>Only if Needed.</b> For nausea.
<b>Flomax</b> (Tamsulosin CR 0.4 mg tablet) Take 0.8 mg (2 tablets) orally once daily if you have difficulty urinating after surgery. <u>Only if needed.</u>	2 tablets, ONLY if required.				<b>Only if Needed.</b> To help with urination; take ONLY if directed by your medical team.
<b>Docusate Sodium</b> Take 100 mg (1 capsule) 2 times a day x 2 weeks. <u>Only if needed.</u>	1 capsule		1 capsule		<b>Only if Needed.</b> To prevent constipation. Do not take if experiencing diarrhea.