

FOR IMMEDIATE RELEASE**Trillium Health Partners ranks as one of Canada's Top 40 Research Hospitals**

Mississauga, ON – December 4, 2025 – Trillium Health Partners has once again ranked as one of Canada's Top 40 Research Hospitals. This recognition places Trillium Health Partners and its research hub, the Institute for Better Health, alongside the country's pre-eminent academic hospitals. The 2025 Research Infosource Inc. rankings are based on data from fiscal year 2024-2025, which Trillium Health Partners submitted in April 2025.

"We are honoured to be named one of Canada's Top 40 Research Hospitals and to share this recognition with many leading organizations across the country," says Dr. Laura Rosella, Chief Scientist, Institute for Better Health, Trillium Health Partners. "Since its establishment in 2014, the Institute for Better Health is continuing to invest in the brightest minds tackling the health system's most challenging issues and embedding research into everything we do to create better health for everyone."

This recognition reflects a new kind of research that is deeply embedded within the hospital and the community. Through a strong academic partnership with the University of Toronto's Dalla Lana School of Public Health, the Institute for Better Health brings together leading experts in population health, patient experience, and rapid implementation and evaluation to understand community needs and apply data, evidence, and knowledge in real time.

This year, Trillium Health Partners ranked second overall for year-over-year growth with a 29 per cent increase in research spending. This momentum is driven by a clear strategy: to embed research into care, translating discovery into impact to shape better health for all. Highlights from this past year include:

- The Institute for Better Health submitted and received several competitive grants; published more than 200 academic articles; and delivered over 150 presentations locally, nationally and internationally.
- Trillium Health Partners became the first hospital in Canada to integrate inequity measurements into its operational strategy, setting a precedent for health systems across the country and signaling a more proactive approach to reducing health disparities.
- The Institute for Better Health's [Learning Health System Action Framework](#) publication was named Article of the Year for health services and policy research in Canada.
- Our Scientists have been recognized through several national and international awards, including AMS Healthcare, Canadian Academy of Health Sciences, and the Canadian Institutes of Health Research.
- Research teams have partnered with patients, caregivers, and community members through several funded projects to break down barriers and co-design health care in areas such as diabetes, cancer and mental health.

Trillium Health Partners' continued presence on the Top 40 Research Hospitals in Canada list underscores the vital role of hospital-based research in driving health care transformation and improving outcomes. By embedding research into every aspect of care, we can better

understand, anticipate, and respond to the evolving health needs of the community and drive health system excellence. A leader in population health science, Trillium Health Partners and the Institute for Better Health remain committed to shaping a healthier, more equitable community.

About Trillium Health Partners and the Institute for Better Health

Trillium Health Partners is one of Canada's largest community-based hospital systems, comprising Credit Valley Hospital, Mississauga Hospital, and Queensway Health Centre. Serving the diverse populations of Mississauga, West Toronto, and surrounding communities, Trillium Health Partners is a teaching hospital affiliated with the University of Toronto, an associate member of the Toronto Academic Health Science Network, and part of Mississauga Health (Ontario Health Team). The Institute for Better Health drives innovative research and practical solutions to enhance health service delivery and population health, supporting Trillium Health Partners' vision to create a new kind of health care for a healthier community.

For more information, visit trilliumhealthpartners.ca and instituteforbetterhealth.com.

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